

## **Harrow Warm & Community Hubs Fund Guidance** **[Grant Ref: HWCH0924]**

### **Guidance Document**

Hubs are intended as places in local communities where people can find safety, accessibility, and opportunities for social connection.

This funding will be allocated to support the delivery of the following services:

- basic refreshments, snacks and a nutritious meal if possible
- opportunities to socialise and form relationships, addressing social isolation and loneliness
- advice and support on financial matters, health and wellbeing, or digital inclusion
- activities such as exercise, healthy cooking, reducing fall risk, smoking cessation, arts, cultural activities and/or those that facilitate social cohesion
- related training, educational, advisory, and information programme
- related awareness programmes which focus on prevention and/or avoiding a crisis.

### **Fund Aims**

**Improve Health & Wellbeing** – There are a number of priority areas in Harrow including; cardiovascular disease, diabetes & hypertension, respiratory health, maternal health, mental health & wellbeing, musculoskeletal health, and cancer.

**Tackling Social Isolation and Loneliness** - Social isolation and loneliness can impact anyone, regardless of age or stage of life. However, it's evident that not everyone experiences these challenges equally. Certain groups, such as disabled individuals, younger people, and those living alone, are particularly vulnerable. Additionally, individuals and families with lower incomes are disproportionately affected. Some may face compounded risks related to both health and financial implications of limited social interaction. It's crucial to recognise these disparities and focus our efforts on addressing them effectively.

**Support for Public Health Initiatives**, including:

- Support delivery of health checks provided by an external clinical provider.
- Distribution of Warm Packs (essential items to the elderly and vulnerable) provided by Public Health.
- Support the community-based Conversation Café model in promoting a proactive and preventative care model. This aims to address residents' potential needs early, rather than a service that reacts to crises and increasing waiting lists.

**Community Engagement** - Supporting the community involvement efforts of Integrated Neighbourhood Teams. The teams are made up of health and care workers, GPs, public health, community workers and wider partners. Their role will be to work together to deliver more localised services that respond to residents' needs, as well as to establish stronger relationships with services that impact the overall health and well-being of our local communities, including housing, employment, and education services.

## Eligibility

You need to be applying as:

- a constituted not-for-profit organisation (company limited by guarantee, community interest company, registered charity, co-operative, unincorporated organisation)
- with a minimum of 2 unrelated trustees/directors
- with a bank account in the name of the organisation

The activities for which you are applying for funding need to be legally charitable and benefit Harrow residents.

We will only fund organisations that have a track record of working in Harrow.

Your activity should be freely accessible, though you may ask for donations. Please specify in your application form if this is the case.

## Monitoring - Reporting on the grant

You will need to report back to Harrow Giving monthly. Harrow Giving is committed to light-touch reporting for grants.

What will we ask? (subject to possible change)

- Number of people attending the hub.
- Percentage of people who are new to activities.
- Description of additional characteristics and demographics.
- Number of volunteers involved.
- Number of referrals to external advice, information, or engagement services.
- Number of signposts to external advice, information, or engagement services.
- The challenges and problems your communities have faced, including:
  - How your programme has improved Population Health Management Capabilities - which help inform strategies, tools, and practices that healthcare services can use to improve health outcomes.
  - Building qualitative evidence - Compiling narratives or observations, to establish and strengthen understanding of outcomes.
- The difference your project has made, including:
  - How your programme has accelerated delivery of Core20PLUS5 - a national NHS England approach to inform action to reduce healthcare inequalities.
  - How your programme has improved Preventative Care - which focuses on early detection and risk reduction to mitigate health problems before they become severe
- A case study

We can help and support you with completing the monitoring form.

We will also be creating a public list of the grants awarded, detailing the organisations and their respective funded projects.

## Amount Available

Organisations can apply for up to £30,000.

## Activity

The activity must begin by 1st November 2024 (or earlier) and continue at least until March 2026.

## What can the funding be used for?

- People – staffing and volunteer costs associated with delivering the work you are applying for.
- Communications - marketing and advertising costs associated with promoting messages for this work.
- Equipment – any equipment you need to deliver this work that is not already in your budget.
- Resources – any project activity costs needed for your team to do this work.
- Overheads – direct additional costs (e.g., increased hub costs).
- Transport – for individuals on low incomes who have no other way to get to the hub.

## We cannot fund:

- activities that make profits for private gain
- religious activities (we can fund religious organisations if their project benefits the wider community and does not include religious content)
- activities that benefit individuals, rather than the wider community
- projects where political activities are the main purpose, or that support or oppose a specific political party
- lobbying activities
- things you've spent money on in the past and are looking to claim for now (retrospective costs)
- loan repayments
- the topping up of organisation reserves.

## Extra Grant Management Details

1. We are looking at piloting a transport offer. Exactly what this will be is yet to be confirmed, but will consist of a transport service for residents unable to access community hubs.
2. We are working with venues that could host a hub. Please visit '[Venues available for Community & Warm Hubs](#)' for more details.
3. Organisations funded through the **Gas, Energy and Advice Fund (Centres for Warmth)** can apply for the difference between their current grant and £30,000. If your organisation wishes to apply for more than this amount, you must provide a clear justification and demonstrate that the request does not duplicate any previous funding received.

## Deadline

10am, 7th October 2024

## How To Apply

Please send a completed application to: [grants@harrowgiving.org.uk](mailto:grants@harrowgiving.org.uk)

We will aim to inform you if you have been successful within two weeks of the deadline.

## Application Support

If you need support with completing the application, please email Voluntary Action Harrow – [contact@vah.org.uk](mailto:contact@vah.org.uk)

## Other Funding Available

Voluntary Action Harrow has compiled a list of other funding available. This document will be updated on a regular basis so please keep the document link saved.

[https://docs.google.com/document/d/1ar0a5KIVQr04gaHEoVwmv2AhoO\\_mOXNOG7PPAEj5as/edit?usp=sharing](https://docs.google.com/document/d/1ar0a5KIVQr04gaHEoVwmv2AhoO_mOXNOG7PPAEj5as/edit?usp=sharing)

## About Us

Harrow Giving is a local charity that funds small local projects to make a positive difference in the lives of Harrow residents. Harrow Giving is a trading name of Harrow Together (registered charity no. 1167770) and is managed by Voluntary Action Harrow (VAH).

[www.harrowgiving.org.uk](http://www.harrowgiving.org.uk)

## About Healthy Harrow [Fund Partner]

Healthy Harrow champions health and wellbeing, ensuring that no resident is left behind. Through strong partnerships with Harrow residents, community groups, charities, the local authority, and local NHS providers, we strive to create a fair and just health system for all. Managed by VAH.

[www.healthyharrow.org.uk](http://www.healthyharrow.org.uk)

## About Harrow Borough Based Partnership [Fund Partner]

Harrow Borough Based Partnership (BBP) brings together our NHS organisations, Harrow Council, our GPs, local Voluntary & Community Sector and our citizens

[www.harrowbbp.nhs.uk](http://www.harrowbbp.nhs.uk)

## About Harrow Council [Fund Partner]

Harrow London Borough Council is the local authority for the London Borough of Harrow in Greater London, England.

[www.harrow.gov.uk](http://www.harrow.gov.uk)