

## Harrow Warm Hubs Fund [Grant Ref: HWH0923]

### Guidance Document

Warm Hubs are intended as places in local communities where people can find a safe, accessible and warm environment during the day/evening to help reduce the cost of heating in their own homes, alleviate poverty and encourage healthy behaviours.

This funding will be allocated to support existing or new Warm Hubs that focus on the delivery of:

- basic refreshments, snacks and a nutritious meal if possible
- opportunities to socialise and create relationships
- advice and support on financial matters, health and well-being or digital inclusion
- activities such as exercise, healthy cooking, reducing fall risk, smoking cessation, arts, cultural activities and/or those that facilitate social cohesion
- related training, educational, advisory and information programmes
- related awareness programmes which focus on prevention and/or avoiding crisis

### Updated Guidance [15/09/2023]

The priority for the Warm Hubs initiative is for the winter period (October 2023 to March 2023). There is some flexibility e.g. starting later or continuing beyond March but the expectation is the bulk of the work happens over the winter period.

### Fund Aims

**Improve Health & Wellbeing** – There are a number of priority areas in Harrow including; cardiovascular disease, diabetes & hypertension, respiratory health, maternal health, mental health & wellbeing, musculoskeletal health, and cancer.

**Support Public Health Initiatives** – This could include:

- Support delivery of health checks provided by an external clinical provider.
- Distribution of Warm Packs (essential items to the elderly and vulnerable) provided by Public Health.
- Support the community-based Conversation Café model in promoting a proactive and preventative care model. This aims to address residents' potential needs early, rather than a service that reacts to crises and increasing waiting lists.
- Support the provision of information and advice services, specifically for people at risk of being evicted, people with additional needs, and initiatives that prevent/avoid crises. Sharing of relevant communications and health messages to advance health and well-being to positively change behaviours.

*Every grant recipient will be required to access Make Every Contact Count (MECC) training which enables individuals to alter how they interact with people through learning how to recognise opportunities to talk to people about their wellbeing.*

**Community Engagement** - Supporting the community involvement efforts of Integrated Neighbourhood Teams and Family Hubs over the winter period.

- **Integrated Neighbourhood Teams** - The teams are made up of health and care workers, GPs, public health, community workers and wider partners. Their role will be to work together to deliver more localised services that respond to residents' needs, as well as to

establish stronger relationships with services that impact the overall health and well-being of our local communities, including housing, employment, and education services.

- Family Hubs - A way of bringing together all the support a family may need, when they need it, in single points of access. Helping families with children aged 0-19 or up to 25 with SEND (Special Education, Needs and Disabilities), Family Hubs support connection with a range of services that can address needs at the earliest opportunity.

## Eligibility

You need to be applying as:

- a constituted not-for-profit organisation (company limited by guarantee, community interest company, registered charity, co-operative, unincorporated organisation)
- with a minimum of 2 unrelated trustees / directors
- with a bank account in the name of the organisation

The activities which you are applying for funding for need to be legally charitable and benefit Harrow residents.

We will only fund organisations that have a track record of working in Harrow.

## Monitoring - Reporting on the grant

You will need to report back to Harrow Giving monthly. Harrow Giving is committed to light-touch reporting for grants.

What will we ask? (subject to possible change)

- Number of people attending the hub
- Percentage of people who are new to activities
- Description of additional characteristics and demographics
- Number of volunteers involved
- Number of referrals or signposts to external advice, information, or engagement services
- The challenges and problems your communities have faced, including:
  - How your programme has improved Population Health Management Capabilities - which help inform strategies, tools, and practices that healthcare services can use to improve the health outcomes
  - Building qualitative evidence - Compiling narratives or observations, to establish and strengthen understanding of outcomes.
- The difference your project has made, including
  - How your programme has accelerated delivery of Core20PLUS5 - a national NHS England approach to inform action to reduce healthcare inequalities
  - How your programme has improved Preventative Care - which focuses on early detection and risk reduction to mitigate health problems before they become severe
- A case study

We can help and support you with completing the monitoring form.

We will also be creating a public list of the grants awarded and to which organisation and for what.

## Enhanced Evaluation

For extra funding (maximum £2,500) you can participate in an enhanced evaluation which involves:

- Facilitating in-depth interviews or focus groups with residents using the warm hub and staff / volunteers.
- Outcome measure questionnaires to be completed by a minimum number of residents attending and using the hub, on two occasions (1<sup>st</sup> occasion: November; 2<sup>nd</sup> occasion: end of February / March). Both measure questionnaires must be captured with the same person.

### *Why get involved in Enhanced Evaluation?*

By getting involved in the Enhanced Evaluation, you will be better resourced to demonstrate the impact of your programme and the changes made to the residents you've supported. This will also help you demonstrate the impact made on health and care services, as well as the importance of investment in initiatives like this. You can also use the enhanced information gathered to further your future fundraising successes.

### **Amount Available:**

Organisations can apply for between £2,000 to £7,500.

There is a total of £160,000 available for this fund, including £10,000 allocated to enhanced evaluation sites.

### **What can the funding be used for?**

- People – staffing and volunteer costs associated with delivering the work you are applying for
- Communications - marketing and advertising costs associated with promoting messages for this work
- Equipment – any equipment you need to deliver this work that is not already in your budget
- Resources – any project activity costs needed for your team to do this work
- Overheads – direct additional costs (e.g., increased hub costs)
- Transport – for individuals on low incomes who have no other way to get to the warm hub

### **Deadline:**

10am, 2<sup>nd</sup> October 2023.

### **How To Apply**

Please send a completed application to: [grants@harrowgiving.org.uk](mailto:grants@harrowgiving.org.uk)

We will aim to inform you if you have been successful within two weeks of the deadline.

### **Application Support**

If you need support with completing the application, please email Voluntary Action Harrow - [contact@voluntaryactionharrow.org.uk](mailto:contact@voluntaryactionharrow.org.uk)

## **Other Funding Available**

Voluntary Action Harrow has compiled a list of other funding available. This document will be updated on a regular basis so please keep the document link saved.

[https://docs.google.com/document/d/1ar0a5KIVQr04g-aHEoVwmv2AhoO\\_mOXNOG7PPAEj5as/edit?usp=sharing](https://docs.google.com/document/d/1ar0a5KIVQr04g-aHEoVwmv2AhoO_mOXNOG7PPAEj5as/edit?usp=sharing)

## **About Us**

Harrow Giving is a local charity that funds small local projects to make a positive difference in the lives of Harrow residents. Harrow Giving is a trading name of Harrow Together (registered charity no. 1167770) and is administered by Voluntary Action Harrow Co-operative.

[www.harrowgiving.org.uk](http://www.harrowgiving.org.uk)

## **About Harrow Borough Based Partnership [Fund Partner]**

Harrow Borough Based Partnership (BBP) brings together our NHS organisations, Harrow Council, our GPs, local Voluntary & Community Sector and our citizens

[www.harrowbbp.nhs.uk](http://www.harrowbbp.nhs.uk)

## **About Harrow Council [Fund Partner]**

Harrow London Borough Council is the local authority for the London Borough of Harrow in Greater London, England.

[www.harrow.gov.uk](http://www.harrow.gov.uk)