

## **Harrow Health & Wellbeing Fund** **[Grant Ref: HHWF032022]**

If you need support with completing the application, please email Voluntary Action Harrow - [contact@voluntaryactionharrow.org.uk](mailto:contact@voluntaryactionharrow.org.uk)

### **Funding Overview**

Grants of up to £20,000 are available to not-for-profit organisations delivering projects and services supporting the health and wellbeing of Harrow residents.

This funding is particularly aimed at supporting people who experience social, economic and health inequalities and those who have been most disproportionately affected by Covid.

This includes people with a protected characteristic defined under the Equalities Act 2010, people who are homeless or insecurely housed, and people on low incomes and/or living in areas of high deprivation.

### **Activities Detail**

The Health & Wellbeing Fund designed to support community projects that help meet social needs by improving the health and wellbeing of residents in Harrow.

Examples of support we'd be looking to fund through the grants include, but not limited to:

- Counselling and therapeutic services (including bereavement)
- Support groups and befriending services, including projects to help tackle social isolation and loneliness
- Peer and self-help support groups where residents can learn to manage health conditions
- Projects that promote and raise awareness of positive mental health and well-being, including nature-based therapy and outdoor activities
- Mental health training and support for staff and volunteers
- Combating conspiracy and myths through educational programmes
- Lessons that are led by community leaders, health leads and health practitioners
- Activities that help people make informed choices about their health
- Programmes that teach communities (parents, families) how to have constructive conversations
- Sharing messages from trusted individuals who communities will respond to
- Combating barriers that stop people making informed decisions
- Activities that support individuals who are isolated, lonely or digitally excluded
- Activities that promote physical activities that improve health

### **Reporting on the Grant**

You will need to report back to Harrow Giving.

We understand that disproportionate amounts of reporting can be time consuming and restrict the work being conducted to support those in need. However, it is also critical that we understand the impact the funds are having, along with what does and doesn't work, to inform future delivery.

We will be encouraging organisations to keep in touch on a monthly to quarterly basis to let us know how their project is going.

More formally, monitoring will be captured using: a project evaluation form, project meetings, a Case Study (Written, images or Video) and/or interviews.

There will be training and capacity building offered to help strengthen your research and monitoring processes.

We will also be creating a public list of the grants awarded and to which organisation and for what.

## Eligibility

This fund is aimed at smaller organisations and is only open to non-profit Harrow organisations with a turnover of under £250,000.

To apply you must:

- Be a constituted not-for-profit organisation (company limited by guarantee, community interest company, registered charity, co-operative, unincorporated organisation)
- Have a minimum of 2 unrelated trustees / directors
- Have a bank account in the name of the organisation

The activities which you are applying for funding for need to be legally charitable and benefit Harrow residents.

## Total Funds Available:

Up to £20,000.

## Duration of Activity

Between 3 months and 1 year.

## How To Apply

Please send a completed application to: [grants@harrowgiving.org.uk](mailto:grants@harrowgiving.org.uk) by 10am, 25<sup>th</sup> April 2022.

## Grant Outcome

We hope to notify all grantees and make payments to successful applicants by 1<sup>st</sup> June 2022.

## Other Funding Available

Voluntary Action Harrow has compiled a list of other funding available. This document will be updated on a regular basis so please keep the document link saved.

[https://docs.google.com/document/d/1ar0a5KIVQr04gaHEoVwmv2AhoO\\_mOXNOG7PPAEj5as/edit?usp=sharing](https://docs.google.com/document/d/1ar0a5KIVQr04gaHEoVwmv2AhoO_mOXNOG7PPAEj5as/edit?usp=sharing)

## Application Support

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