

Harrow Black & Minority Ethnic Engagement & Health Activity Fund [Grant Ref: HBME1221]

If you need support with completing the application, please email Voluntary Action Harrow - contact@voluntaryactionharrow.org.uk

Funding Overview

In partnership with Harrow Council and NHS North West London CCG, Harrow Giving are seeking funding applications to help improve the health and wellbeing for Harrow's diverse communities.

People of African and Caribbean descent, and minoritised communities, suffer disproportionately when it comes to health and wellbeing. This is a long standing systemic problem that is recognised nationally and in communities such as Harrow.

Harrow Health & Care Partnership is committed to addressing these inequalities, as part of enabling everyone in Harrow to "Start Well, Live Well, Work Well and Age Well". The next stage of this work involves further, targeted engagement with the Black community and other citizens from our diverse communities in Harrow, who are currently less engaged with local health and care services.

A number of key health issues have been highlighted by the community and this fund is to help provide a starting overview of how we could begin to address these issues in addition to others not yet identified, as well as outline how we can continue to engage the community during the collaboration and co-production of solutions.

Identified Clinical Priorities:

- Mental Health
- Weight Management
- Diabetes
- Hypertension
- Special Educational Needs
- Health Management
- Menopause
- Smoking
- Understanding disease presentation
- Sickle Cell
- Stroke

What We Are Looking For

We are looking for community organisations who can do one or both of the following:

1. Engage communities – working with your community you will collate research (surveys, focus groups, interviews etc) to gather intelligence on peoples issues regarding access to and quality of healthcare, and put forward recommendations.
2. Deliver health activities – working with communities to improve health and wellbeing of Harrow residents through interventions and activities based on issues you've already identified in the community.

Target Audiences

- Black Communities – We use the term Black community in a pluralized sense to mean the diverse identities, histories and communities among peoples of African and Caribbean descent.
- Minoritised & Marginalised Communities – Individuals who have been minoritised through social processes of power and domination, and are disproportionately affected by service discrimination.

Activities Detail

You may choose to focus on one or more of the clinical priorities identified above or another health-related issue which has not been identified. The Harrow Health & Care Partnership has identified primary clinical priorities to include diabetes, weight management, mental health and services promoting healthy lifestyles.

1. Engage Communities

Grants are available to help engage with your communities. Harnessing your expertise and community knowledge we want to learn with you what Harrow residents, service users, carers and others across Harrow would like to change to improve health and wellbeing.

We would like you to find out:

- How existing services can be transformed to meet the needs of our diverse community (for example training health care professionals, improving methods of promoting services, where these services are delivered etc)
 - Do people know about how to access services that are important to them (e.g. good weight management, diabetes management and mental health services)?
 - Have they accessed any of these services, and if not, why not?
 - If they have used any of their services, what are their views on them, both positive and areas for development?
- How can health services ensure that from the outset, they are designed with the needs of our diverse communities at the centre?
- What new ways of working are needed to reach communities not currently accessing appropriate health services?

To do this you could run the following activities, but are not limited to:

- Surveys/Questionnaires
- Interviews
- Focus Groups
- Films & Videos
- Learning Activities
- Consultations
- Training
- Community Outreach
- Collaborative Research
- Oral History
- Participant Observation

The focus on your engagement should address the following objectives:

- Improved access to appropriate services
- Better prevention of ill health
- Recommendations of how to improve experiences in health services

From your consultation and engagement, you will be asked to recommend:

- How health services can be promoted and targeted more appropriately.
- What changes are needed to improve access to and quality of, health services in the community, GP's and hospitals.
- What new ways of working are needed to improve health & wellbeing in Harrow.
- Best methods of engagement and collaboration on an ongoing basis with marginalised communities.

It is important to consider racial trauma in your proposal. Racial trauma, is a form of race-based stress, which refers to reactions to dangerous events and real or perceived experiences of racial discrimination. It involves ongoing individual and collective injuries due to exposure and re-exposure to race-based stress. Your project should therefore be culturally informed and challenge racial trauma. This could include appropriate referral to mental health services throughout your activity.

2. Deliver Health Activities

Grants are also available to run practical activities that will address a clinical priority health issue that provides positive health outcomes for Harrow residents.

Your activity could be a pilot, something new or an existing programs/activities that are being significantly changed and/or expanded.

We are looking for solutions that are aligned with the key themes and issues identified in your community.

Activities could include but are not limited to:

- Recruiting and training volunteers as expert patients (for example health champions)
- Promotion of health tools (for example Know Diabetes website)
- Digital training to be able to use websites
- Health speakers to your activities sharing best health practice
- Healthy eating workshops
- Physical activities
- 1:1 information and advice
- Peer group
- Support around religious festivals e.g. Ramadan

You will be asked what the outcomes of your activities are and to recommend:

- What methods of communication are best for marginalised communities.
- What made your activity more accessible and of a higher quality.
- What could be done to improve your activity to help achieve better health outcomes.
- Best methods of engagement and collaboration on an ongoing basis with marginalised communities.

If you are applying to deliver health activities, we would expect sufficient evidence on how you know your project is needed. Ideally you would have already consulted with the people who will benefit from your project and will be able to sufficiently explain how you have done this and who you have spoken to.

Grant Support

The funding context and activities might sound daunting however you will be supported every step of the way. Voluntary Action Harrow will be able to provide capacity building advice and support in practical ways to help you with your engagement and/or health activities. We are also taking a collaborative approach to this piece of work so there will be engagement and advice from clinical experts, health service leads and health consultants.

Voluntary, Community and Social Enterprise sector (VCSE) organisations are a trusted voice for many people, and can play an important role in providing information and support to those who may face inequalities, concerns or barriers in accessing quality health and social care. We know organisations are already receiving this community intelligence and running great community initiatives. This fund aims at formalising processes and presenting back to the Harrow Health & Care Partnership the issues in the community and the ways in which to face them.

Reporting on the Grant

You will need to report back to Harrow Giving.

We understand that disproportionate amounts of reporting can be time consuming and restrict the work being conducted to support those in need. However, it is also critical that we understand the impact the funds are having, along with what does and doesn't work, to inform future delivery.

We will be encouraging organisations to keep in touch on a weekly to monthly basis to let us know how their project is going.

More formally, monitoring will be captured using: a project evaluation form, project meetings, a Case Study (Written, images or Video) and/or interviews.

There will be training and capacity building offered to help strengthen your research and monitoring processes.

We will also be creating a public list of the grants awarded and to which organisation and for what.

Eligibility

To apply you must:

- Be a constituted not-for-profit organisation (company limited by guarantee, community interest company, registered charity, co-operative, unincorporated organisation)
- Have a minimum of 2 unrelated trustees / directors
- Have a bank account in the name of the organisation

The activities which you are applying for funding for need to be legally charitable and benefit Harrow residents.

Total Funds Available:

Grants of between £2,000 to £8,000

Duration of Activity

Minimum 3 months – Between January 2022 to April 2022

Deadline

10am, Monday 20th December 2021

How To Apply

Please send a completed application to: grants@harrowgiving.org.uk

We will aim to inform you if you have been successful within two weeks of the deadline.

Other Funding Available

Voluntary Action Harrow has compiled a list of other funding available. This document will be updated on a regular basis so please keep the document link saved.

https://docs.google.com/document/d/1ar0a5KIVQr04gaHEoVwvmv2AhoO_mOXNOG7PPAEj5as/edit?usp=sharing

Application Support

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